



Check out ItsLearning if you can - you could share your book reviews on there!

# Food, Glorious Food Reading, Writing, Spelling

You could turn your writing into either a virtual book or news report. If you've got it, think what technology you could use to bring it to life!



## Reading

Daily reading and listening to audio books online - write a review about what you've read!

## Reading Comprehension

In one of his most famous plays 'Twelfth Night' William Shakespeare wrote, 'If music be the food of love, play on'. Read the information about William Shakespeare and answer the questions: there are 3 levels to choose from - look at the



## Speaking and Listening

Instead of practising our writing skills, this week's focus is speaking and listening. The discussion cards (see below) pose questions about Healthy Eating that you can discuss and answer with someone in your household. Think carefully about your answers before you share them. You may need to do some research.



## Spelling

Learn them and have your own test on Friday!

1. influential
2. martial
3. spatial
4. partial
5. confidential
6. essential
7. substantial
8. potential
9. sequential
10. torrential

## Writing: Extended Pieces

### Narrative

Write your own story or diary entry about Fruit City, is it a town? A theme park? Or something else? You could use the picture as your inspiration or think of your own idea. You could use the story starter on the page below.



### Non-Narrative

Choose a country from around the world and research its cuisine.



Create a fact file. Things to think about: what are the national dishes; what food can be grown there; a recipe that the reader can try making; and what does a typical breakfast,

# William Shakespeare



## William Shakespeare's Family

William Shakespeare is thought to have been born on 23rd April, 1564 in Stratford-upon-Avon, England. William was the third child of John and Mary Shakespeare.

## Fascinating Facts

- At the age of 18, William married Anne Hathaway.
- They had a daughter called Susanna in 1583.
- Two years later, Anne gave birth to twins - a boy called Hamnet and a girl called Judith. Hamnet died when he was 11 years old.
- William moved to London where he earned money as an actor and a playwright.

A playwright is someone who writes plays - stories that can be acted out on a stage for people to come and watch.



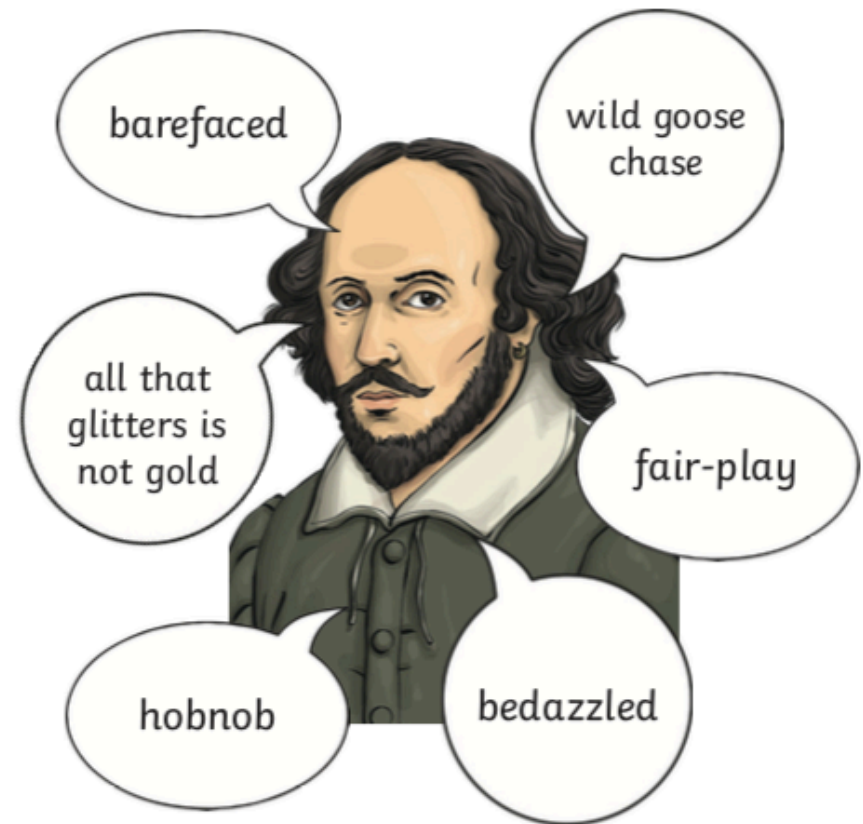
## Shakespeare's Plays

Shakespeare wrote plays which were tragedies (very sad plays) and comedies, which were funny. He wrote the plays about things people had experienced: jealousy, anger, love, romance, religion and war.

Some of his most famous plays have been turned into cartoons and films. For example, Romeo and Juliet was made into a film, and later a cartoon about two garden gnomes!

## Shakespeare's Words

Shakespeare made up over three hundred words and well-known phrases in the English language. Here are some:



William Shakespeare died on April 23rd 1616, which was the same day as his birthday, at the age of 52.

It is thought that he died from a fever.

Each year around the 23rd April, the streets of Stratford-upon-Avon are filled with music, song and performers in celebration of the life of William Shakespeare.

# Questions

1. What was the name of William Shakespeare's wife? Tick one.

Judith ☐ Anne ☐ Mary ☐ Susannah ☐

2. Match the sentences.

Shakespeare lived

in 1583.

Susannah was born

in Stratford.

Hamnet died

aged 11.

3. What themes did Shakespeare write about? Tick two.

making money ☐ jealousy ☐ shopping ☐ love ☐

4. Summarise what the paragraph in the green box is about.

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5. Tick the answer that is a name of one of Shakespeare's plays.

Beauty and the Beast ☐ Romeo and Juliet ☐ Peppa Pig ☐ The Haunted House ☐

6. Choose one of the words which Shakespeare made up and use a dictionary to find out what it means.

Word: \_\_\_\_\_

Definition: \_\_\_\_\_

7. What is unusual about the day that Shakespeare died? Tick one.

It was the same day Hamnet died. ☐ It was the day he left London. ☐

It was the day before a play was performed. ☐ It was the same day as his birthday. ☐

8. True or False? Around the 23rd April, Shakespeare's birthday is celebrated in Stratford.

True ☐ False ☐





## William Shakespeare's Family

William Shakespeare is thought to have been born on 23rd April, 1564 in Stratford-upon-Avon, England. William was the third child of John and Mary Shakespeare. His father was a leather merchant and his mother was a local-landed heiress, which basically meant that she came from a wealthy family.

## Shakespeare, the Young Man

On November 28th, 1582, at the age of 18, William married Anne Hathaway. Anne was 26 years old when they got married.

They had a daughter called Susanna in 1583. Two years later, Anne gave birth to twins - a boy called Hamnet and a girl called Judith. Tragically, at the age of 11, Hamnet died.

In the mid-1580s, it is thought that William arrived in London. When he first arrived, it is believed that he worked as a horse attendant at some of London's theatres.

By 1592, he was earning money as an actor and a playwright.



## Shakespeare the Playwright

William started to sell some of his written work and by 1597, he was beginning to earn a lot of money, so he bought the second-largest house in his hometown of Stratford.

He did not return home very often as it took about four days to get from London to Stratford on horseback. William only ever went home during the forty days of Lent when the theatres were closed!

## Shakespeare's Plays

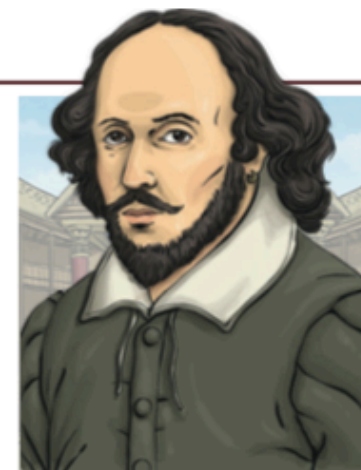
Shakespeare wrote plays which were tragedies (very sad plays) and comedies, which were amusing. Some of his tragedies are Romeo and Juliet, Hamlet and King Lear. Some of his comedies are A Midsummer Night's Dream and All's Well That Ends Well.

He wrote about themes which people could relate to: jealousy, anger, love, romance, religion and war.

## A Lasting Legacy

Because of Shakespeare, there are over three hundred words and well-known phrases in the English language that he invented. Some of them are:

all that glitters is not gold	fair-play
barefaced	bedazzled
hobnob	watchdog
wild goose chase	lacklustre



William Shakespeare died on April 23rd, 1616, which was the same day as his birthday, at the age of 52. It is thought that he died from a fever.

Shakespeare had written his will a few months before he died and famously, and rather strangely, left his wife his 'second best bed' and all his other possessions to his daughter.



Each year around the 23rd April, the streets of Stratford-upon-Avon are filled with music, song and performers in celebration of the life of William Shakespeare.

# Questions

1. When was William Shakespeare born? Tick one.

23rd April, 1566 ☐ 24th April, 1564 ☐ 23rd April, 1564 ☐ 20th April, 1582 ☐

2. Match the sentences.

William's mother

in Stratford.

William's father

was from a wealthy family.

William

was a leather merchant

The family lived

was the third child.

3. What were the names of Shakespeare's daughters? Tick two.

Susannah ☐ Judith ☐ Anne ☐ Mary ☐

4. What word closely matches the meaning of 'tragically'? Tick one.

Unhappy ☐ Devastating ☐ Sad ☐ Gloomy ☐

5. Summarise the main points in the paragraphs in the blue box.

a) \_\_\_\_\_

b) \_\_\_\_\_

6. Identify two tragedies that Shakespeare wrote. Tick two.

All's Well That Ends Well ☐ A Midsummer Night's Dream ☐

Romeo and Juliet ☐ Hamlet ☐

7. Why do you think Shakespeare wrote plays about themes people could relate to?

\_\_\_\_\_  
\_\_\_\_\_

8. Choose one of the words that Shakespeare created and use a dictionary to find out its meaning.

\_\_\_\_\_

9. True or False? Which of these sentences are false? Make them true.

False

Shakespeare died aged 52 years old. ☐

Shakespeare died the day before his birthday. ☐

Shakespeare possibly died from a fever. ☐

Shakespeare died in 1616. ☐

\_\_\_\_\_

10. Which fact has interested you the most and why?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_





## William Shakespeare's Family

William Shakespeare is thought to have been born on 23rd April, 1564 in Stratford-upon-Avon, England. It is not known exactly when he was born, but historians know that he was baptised on April 26th and at that time, people were often baptised three days after their birth.

William was the third child of John and Mary Shakespeare. His father was a leather merchant and his mother was a local-landed heiress, which basically meant that she came from a wealthy family.

## Shakespeare, the Young Man

On November 28th, 1582, at the age of 18, William married Anne Hathaway. Anne was 26 years old when they got married.

They had a daughter called Susanna in 1583. Two years later, Anne gave birth to twins - a boy called Hamnet and a girl called Judith. Tragically, at the age of 11, Hamnet died, supposedly from the bubonic plague.

## Shakespeare the Playwright

The Lord Chamberlain's Men was an acting company that William partly owned. Their name was changed to The King's Men after King James I was crowned the new king of England.

By now, William was beginning to sell some of his written work and by 1597, Shakespeare was beginning to earn a lot

of money so he bought the second-largest house in his hometown of Stratford. In the mid-1580s, it is thought William left Stratford and arrived in London. The family remained in Stratford. When he first arrived in the capital city, some historians believe that he worked as a horse attendant at some of London's theatres.

By 1592, he was earning money as an actor and a playwright.

of money so he bought the second-largest house in his hometown of Stratford.

However, as it took about four days to get from London to Stratford by horse, William only ever went home during the forty days of Lent when the theatres were closed!

## Shakespeare's Plays

Shakespeare wrote heartrending plays called tragedies and comedy plays. Several of his plays were performed in front of Queen Elizabeth I.

Much Ado About Nothing, The Taming of the Shrew and A Midsummer Night's Dream are comedies which are based on misunderstandings and mishaps. The tragedies are based around misery, loss and disillusionment. Some of these are Hamlet, Romeo and Juliet and

King Lear. Some of his plays have been made into films and cartoons, such as Gnomeo and Juliet, which is the story of Romeo and Juliet retold with two garden gnomes as the main characters!

He wrote about themes which people could relate to: jealousy, anger, love, romance, religion and war.

## A Lasting Legacy

Because of Shakespeare, there are over three hundred words and well-known phrases in the English language that he invented. Some of them are:

all that glitters is not gold	fair-play
barefaced	bedazzled
hobnob	watchdog
wild goose chase	lacklustre



William Shakespeare died on April 23rd, 1616, which was the same day as his birthday, at the age of 52.

Although the cause of Shakespeare's death is not recorded, some years later, a vicar reported that he died of a fever. Shakespeare had written his will a few months before he died and famously, and rather strangely, left his wife his 'second best bed' and all his other possessions to his daughter.

Each year around the 23rd April, the streets of Stratford-upon-Avon are filled with music, song and performers in celebration of the life of William Shakespeare.

# Questions

1. How have historians worked out when Shakespeare's birthday is likely to have been?

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2. Look at the second paragraph. Identify two facts we are told about Shakespeare and his family.

a) \_\_\_\_\_

b) \_\_\_\_\_

3. What word tells us that the cause of Hamnet's death is unclear?

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4. True or false? Read these sentences and rewrite any false sentences so that they are true.

False

Around 1585, Shakespeare moved to London. ☐

Anne and the children stayed in Stratford. ☐

Shakespeare became a historian in the capital. ☐

Shakespeare made money as a playwright. ☐

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5. Explain who The King's Men were.

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6. Look at the paragraph beginning "By now..." to the paragraph ending "...theatres were closed". What impressions about Shakespeare, the family man, do you get from these two paragraphs?

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7. What other word could the author have used instead of 'heartrending'?

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8. Use the table to sort the names of some of Shakespeare's plays.

Tragedies	Comedies

- Why do you think Shakespeare wrote plays about themes that people could relate to?

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10. What opinion do you have about Shakespeare? Explain your thoughts.

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‘Welcome to Fruit City!’

The large, wooden sign in front of them told them the Smith family that they had arrived. Behind the sign sat the most enormous pear they had ever seen: it was the size of a house! On top of the pear stood a stalk that would have rivalled a small tree in height.

Peter could simply not believe his eyes! He couldn't wait to see inside the city! As they overtook a motorised banana and slid round the bend, the children pressed their excited faces against the cold glass of the car windows, each of them desperate to catch another glimpse of something weird and wonderful...

Can you continue the story of the Smith family's trip to Fruit City? What will they discover inside?



# Healthy Eating Week

## Fact and Discussion Cards



### Healthy Eating Week Fact and Discussion Cards

1. The Eatwell Plate shows how much of each type of food you should have in each meal or during a day.



Which of these food groups do you think you have the right amount of?

Are there any things from your diet that could be better?

### Healthy Eating Week Fact and Discussion Cards

2. People have different diets depending on their beliefs and medical requirements. Some of these are: vegan, vegetarian, pescatarian, gluten-free, lactose-free.

Why do you think some people choose to be vegan or vegetarian?

What are the advantages and disadvantages?

### Healthy Eating Week Fact and Discussion Cards

3. Different types of farms in the UK produce different foods:

Arable Farms	Crops and plants
Poultry farms	Birds such as chickens or turkeys
Livestock farms	Cows, pigs or cows for meat
Dairy Farms	Milk and milk products from either cows, goats or sheep

Which types of farming or food production is there in your area or another area of the country that you visit?

#### Healthy Eating Week Fact and Discussion Cards

4. Traditional Indian dishes are things such as rogan josh (a type of curry), parathas (flat bread) and pakoras.

Discuss: if you could only eat one country's food forever, which country would that be and why? Italy? Mexico? China?

#### Healthy Eating Week Fact and Discussion Cards

5. Pizza is such a versatile food as you can change things about the bases and the toppings.

Discuss: what would an unhealthy pizza look like?  
How could you make a pizza healthier?  
What could you make the base out of instead of bread?

#### Healthy Eating Week Fact and Discussion Cards

6. A vegan diet contains no meat or dairy products, vegetarian diets have no meat and a pescatarian diet doesn't include meat but does include dairy and fish products.

Can you design a meal for someone with one of these diets?

Gluten is found in normal breads, pastas and cereals. Could you design a meal for someone who needs to eat gluten-free?

#### Healthy Eating Week Fact and Discussion Cards

7. Energy from food is measured in kilojoules (kJ) but most people use 'calories' (which are actually kilocalories) as an indicator of the energy they consume and use.

Here's some rough guides to calorie content:

A slice of bread = 80 calories	A slice of ham = 70 calories
A boiled egg = 75 calories	A slice of cheese = 90 calories
A plain donut = 225 calories	250ml smoothie = 140 calories
One portion of butter = 50 calories	Bag of crisps = 170 calories

How many calories in a ham and cheese sandwich?