

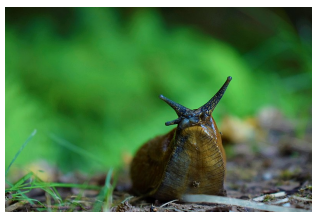
GROW ideas

Garden, Recycle, go Outside, look through your Window.

Planting out your beans and peas.

If you've grown some runner beans inside, now is the time to **harden them off**. That means putting them outside in their pots for **about a week** before planting them into their final position. Keep an eye out on the weather forecast and if there is a risk of **frost** (when the temperature drops to below freezing) bring them in overnight.

Why not watch my short video for more details.



Protect your plants.

We all love beans and peas, but so do other creatures like slugs and snails. It's good to share, but a few slugs and snails can eat ALL of your plants in one night.

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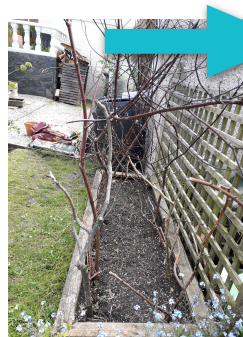
Here are some things you can do to slow them down a bit .

Make supports for your peas and beans.



Put these in as soon as your put your plants in. If peas flop over on the ground, they don't grow very well. Twiggy sticks are good for peas. Just push them into the soil nice and firmly, and if you can, make them meet at the top to make a strong support (like a tent).

photo by Woodley wonder works CC BY SA



Why not have a go at making your own runner bean teepee? Try this video by Sunshine Farm to show you how.

<https://www.youtube.com/watch?v=2iE3sHSZfJM>



Ways to protect your plants.



Claire Pearcy - CC BY-SA 4.01.

Plant nasturtiums now. These will encourage insects towards the flowers and away from your beans.



Neil Cummings (CC BY-SA 2.0)

Surround your plants with things that annoy the slugs and snails like crushed egg shells, coffee grounds or a sheep wool product available from local hardware stores.

Encourage frogs that eat the slugs! I found this one in my garden.

