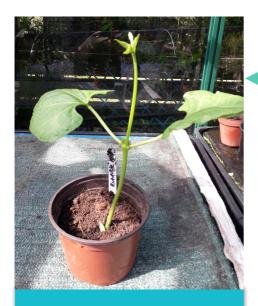
## **GROW** ideas

# Garden, Recycle, go Outside, look through your Window.

### Planting Runner Beans on your windowsill.

It's too early to plant runner beans outside yet, but you can start them off on a sunny windowsill **inside.** 



This runner bean is growing happily **inside** my greenhouse at the moment.

Please don't put me outside yet, it still might get too cold.

You can follow the instructions below, or watch my video at <a href="https://hbn.sch.im">https://hbn.sch.im</a> or, with your parents on the HBN facebook page.



#### Recycle idea

Make a plant waterer from an empty milk carton.

#### What to do:

Wash a plastic milk carton and its top carefully.

Ask an adult to make small holes in the top. ( you can make them larger if they are too small).



Test your plant waterer by filling it with water. If it doesn't put well, try making the holes a **little** larger.

## What you will need.

- A space for your beans to grow outside, eg a LARGE pot, space in a garden.
- Something for the beans to grow up, eg bamboo canes string, long strong sticks, bean netting (more about this next week).
- Runner bean seeds.
- Pots/ recycled containers ( cardboard rolls are ideal)
- Compost/soil

## What you need to do.

- 1. Sow one seed per pot, 5cm deep. Water well.
- 2. Grow in warm conditions of over 12°C (54°F). A greenhouse or sunny windowsill is ideal
- 3. <u>Harden off</u> the young bean plants gradually and plant out when the **risk of frost** has passed. (Keep an eye on the weather forecast for this, or click on the link to res website).