

## **GROW Ideas**

### **Garden, Recycle, go Outside, look through your Window.**

#### **Week 1: Growing potatoes from a potato.**

The strongest and healthiest potato plants grow from certified seed potatoes which you normally buy from a garden centre or online. But, if you find a potato that has sprouted at home, you can plant it and grow potatoes as an interesting experiment.

1. Cut large sprouted potatoes into smaller pieces. Make sure each piece has one or two "eyes," which are the small sprouts from which the plant will grow.
2. Bury your potato pieces in a large container with compost if you have some (a large pot with holes in the bottom, stacked tyres , etc) or in a patch of soil in your garden. Your potato piece needs to have about three inches of soil above it.
3. Keep your potatoes watered, but not soggy.
4. When the leaves have grown, keep heaping the soil around them to stop the potatoes going green and help the plant to make more potatoes.
5. Your potato is ready when the leaves have died down in the summer.



**\*\* never eat a potato that has gone green. It could make you feel very ill \*\***

More ideas can be found at: [www.gardenersworld.com](http://www.gardenersworld.com) - how to grow plants and projects for kids.

Remember to send photographs of any projects you complete to [HBNenquiries@sch.im](mailto:HBNenquiries@sch.im).