

**Henry Bloom Noble Primary School** 

Isle of Man Department of Education and Children Rheynn Ynsee as Paitchyn



Isle of Man Government Reiltys Ellan Vannin

23rd June 2020

## Jigsaw PSHE - 'Changing Me' - Consent

Dear Parent/Carer,

Jigsaw lessons since September have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. We are sure you will have heard about the 'Jigsaw' friends and 'Calm Me' time.

Please see overleaf the areas covered in each year group during our 'Changing Me' topic which begins in the final half term. We hope you will be in agreement with us that this work is vitally important for children and that it needs to be delivered age-appropriately. The Jigsaw Programme gives us a secure framework in which to do this. This will be the third year we have taught this topic and we have found it extremely beneficial for all children.

As a parent/carer you have the right to withdraw your child and must inform the school of your decision. An event has been set up on Parent Pay for you to express your wish for your child to opt out of the Jigsaw lessons for this half term. Alternatively, please complete and return the attached slip below by Friday 26th June 2020. If we **do not** receive a reply from you by Monday 29th June 2020, we will assume that consent has been given, and your child will take part in all of these lessons.

Thank you HENRY BLOOM NOBLE PRIMARY SCHOOL

Miss Slater Acting Deputy Headteacher

Child's Name : .....

Please complete the online event via the Parent Pay system should you wish your child to NOT take part in the Jigsaw lessons for this half term. Alternatively, please complete return this slip to the school office by Friday 26th June.

I **do not** consent to the above named child taking part in the Relationship and Sex Education lessons provided by the school.

Signed Parent/Guardian: .....

Date: .....



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Year		What is covered in the 'Change Me' Unit:
Reception	Growing up	How we have changed since we were babies
Year 1	My changing body	Understanding that growing and changing is natural and happens to everybody at different rates
	Boys' and girls' bodies	Appreciating the parts of the body that make us different and using the correct names for them
Year 2	The changing me	Where am I on the journey from young to old, and what changes can I be proud of?
	Boys and girls	Differences between boys and girls - how do we feel about them? Which parts of me are private?
Year 3	Inside and outside body changes	How our bodies need to change so they can make babies when we grow up - inside and outside changes and how we feel about them
Year 4	Having a baby	The choice to have a baby, the parts of men and women that make babies and - in simple terms - how this happens
	Girls and puberty	How a girl's body changes so that she can have a baby when she's an adult - including menstruation
Year 5	Puberty for girls	Physical changes and feelings about them - importance of looking after yourself
	Puberty for boys	Developing understanding of changes for both sexes - reassurance and exploring feelings
	Conception	Understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of a new llife
Year 6	Puberty	Consolidating understanding of physical and emotional changes and how they affect us
	Girl talk / boy talk	A chance to ask questions and reflect (single sex)
	Conception to birth	The story of pregnancy and birth